



# THE BUGLE

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[www.cocoawa.com](http://www.cocoawa.com)

Issue 218

Nov Dec Jan

## Presidents Report:

Hi everyone,

I have to start with a big "Thank YOU" to all our members who came to our holiday at Bunbury Cathedral Grammar School Holiday Resort. Yes, I felt I had to use that last word, all the rooms had air-conditioning, refrigerator, kettle, table and chairs, we had access to their Recreation room with a large TV, games like Table Tennis etc. All the meals were served in their CAFÉ and the washing up was done by their Kitchen Staff.

I believe these rates as one of our Top places to stay for a great holiday. We did have one minor Hiccup we changed our Outing Day to the Tuesday as we were advised that Wednesday was in for a storm so we agreed. Just as well because we did get the storm in all its fury.

Thank you to the two ladies for the Craft ideas, what interesting photo frames from Claire and pot-pouri and other lovely things from Margaret. We also had a great lady speaker come out from the Bunbury City Council Historical Society who delivered a very interesting talk with photos on the big screen TV, of the early days of the South West. The Dutch and French did not think the distance was worth the trouble to make us one of their Colonies, how lucky are we.

Guess what, Christmas is just around the corner and our next big Christmas Party is being organized by Jewel who has selected a new venue in the city; The Grosvenor Hotel in Hay Street, just near the Perth Mint. More info from Jewel in this Bugle.

"Greetings to all our New Members."

As you will read from our newsletter The Bugle, we not only go on holidays throughout the year we enjoy outings to various locations around Perth, expertly organized by Rosie who provides all the info on how to get there. If you're a new member please make your self-known to me so we can introduce you to the COCOA crowd.

The response from all of the activity to attract new members has been great. Thank you to all those that provided help. "Job well done". This continues with Have a Go Day on Wednesday 13th November 9am to 3pm Burswood Park. Please come along and help-out at our tent display. There is a lot happening on the day so we are hoping for good weather.

Please wear your COCOA Polo top or Zip up Jacket. I will bring both for those who would like to purchase our Green and Gold.

I am just starting to organize our next big holiday to Albany in February 2025, Camp Quaranup, this is run by the government body of Sport and Recreation and is located in the old Quarantine Station, located in an A Class Reserve on the Princess Royal Harbor with panoramic views across to the City of Albany.

Don't let the "old" put you off this is one of my favourite places to escape from the hot weather in Perth. Plus, there are pristine coastal beaches lots of shady nooks to relax in.

They even have Archery classes for those who can remember Robin Hood and his band of Merry Men. COCOA NUTS as we like to call ourselves from time to time. Looking forward to catching up with all our members as the year draws to a close.

Kind regards  
Chris Gaggin  
President.



## Bunbury School Camp September 30<sup>th</sup> – October 5<sup>th</sup>

When I was first asked to run the Bunbury Camp, I said "No" as I had resigned from that position years ago, but my arm was twisted, so I agreed. When I found out there were 60 people coming I stressed out. That is the largest number we have had in the 23 years that I have been in the Club. I needed to not worry, as everything went smoothly. Apart from some members being locked out of their rooms for a short time, but it was easily solved.



Then I had to remember what to do and come up with different things to do. I decided on 2 craft projects to give members a choice, and I thank Claire Chalmers and Margaret Kane for doing a fantastic job. Then I thought of a Sir David Attenborough documentary, but the DVD player let us down. The outdoor games didn't happen because of the bad weather, so indoor games were the way to go.

I thank Peter James for running his horse racing games, a lot of laughs. I thank Daphne

Field for teaching line dancing and organising the bingo night. Laurie Curtis, thank you for calling the Bingo and Bob Gannon for the morning exercises. I also thank Carol for being 2IC, she did an amazing job.

Our bus outing was a lovely sunny day and Stacey our driver was very helpful. Our "Happy Hour" was success with great dress-ups. The Dancing filled in the time and was a lot of fun. Our Friday night concert was very enjoyable with members reciting poetry, telling jokes, doing skits and singing. Thanks to You All

I sent a Thank You to the school and Carina replied, looking forward to seeing us in 2 years.

Joy Stephens.

Camp Leader, Bunbury, 2024



We are looking for members who would like to be 2<sup>nd</sup> In Charge (2IC) for a camp. The job is not hard, you are essentially backing up the Camp Leader, and it is a great way to learn how a camp works if you ever aspire to be a Camp Leader. As a bonus your camp fee is halved!. Please let Jewel Wilcox (0404 299 675 or [jewelwilcox1945@gmail.com](mailto:jewelwilcox1945@gmail.com)) know if you are interested.

# Albany Camp

Camp Quaranup, 743 Quaranup Rd, Vancouver Peninsula, WA, 6330  
Monday 10th to Saturday 15th February 2025

Camp Leader: Chris Gaggin, 0422 270 140 2IC: Alan Fruin, 0413 803 504

Cost of the camp is \$450 per person. Closing date is 13th January 2025.

You can drive or come by Transwa bus. (Transport to camp is provided)

The dress up theme for this camp will be "Clowns"

You can join this camp in one of two ways:

By going to <http://cocoawa.com/events> and completing the online form

- or -

By entering your details below and posting this sheet to the address listed below.

Name 1: \_\_\_\_\_ Name 2: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Any special dietary requirements: \_\_\_\_\_

In case of emergency: Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Going by car  or Transwa  For Transwa transport to/from the camp will be provided.

Payment - \$450 each (please tick method):

Cheque made out to COCOA and attached to this form.

- or -

Bank transfer to Commonwealth Bank BSB 066-160, A/C 11183522.

If the camp is oversubscribed your application will be placed on a wait list with a full refund if a vacancy cannot be found. If you cancel with less than 14 days' notice you may be charged up to 50% of the camp fee. If a member can be found to take your place there will a full refund.

I declare that I fully understand the physical and health requirements necessary to safely participate in camp activities. I acknowledge that I am responsible for my own safety and I participate at my own risk.

Signed: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

If joining by post please complete the details above and post this page to:  
**COCOA Treasurer, Trish Leslie, 2 Grogan Close, Lockridge, 6054, WA**

## The Gelorup Camp by Rose Hope

“What’s this then?” He asked, pointing to my latest accessory, a stout walking stick. “This is my weapon of mass destruction. I’m ready for all contingencies. Should I encounter a vile thief or a desperate sex offender. Watch out!” I declared, waving my stick in the air. “Oh!” replied the rude dude giving me a bit of the old left nostril, “I’d have thought that if ...you...had encountered a desperate sex offender ... you ...would have thrown the stick away.”

The cosy room we were in was alive with creative energy as folk displayed their capacity for producing imaginative craftwork. Outside mother nature hurled her fury dumping down buckets of rain blown by gale force winds in all directions.

It was a sharp contrast from the previous day when 60 COCOA club members had boarded a coach. It had cut a swathe through green wooded meadows, home to cattle, sheep, grape vines, pine and blue gum trees and orchards. There were also areas containing impenetrable scrub. A reminder of all the hard work it took to create this beautiful region that has so much to offer to the wellbeing of the state.

Our first stop was THE MAZE AT YALLINGUP. I opted to visit the museum where I admired the colourful Aboriginal paintings and artefacts, whilst others headed for the shop for a coffee fix. This amazing complex has its own mini golf, a huge playground and parkland at the back and it is surrounded by the great Australian bushland and tall trees their bare limbs awaiting the warmer weather to spring to life.

Our next destination was the delightful township of Cowaramup. We were deposited at a beautiful park from where we were able to explore the town or just sit and soak up the peaceful atmosphere in the park where we were served a picnic lunch.

Afterwards we headed for Hamelin Bay where I viewed the water tumbling in from the ocean into the wide blue bay with its rocky island and white sandy beaches.



I was on a 5-night getaway with the club and my room was situated in a building with five other rooms and we had our own facilities. Set in magical bushland, in the mornings we were awakened by the twittering of birds and the bugling of magpies. Some folk went for a ramble through the bush, coming back with bunches of flowers.

Fellow cocoanut Ann and I took a flying visit (I’m not joking) to the Busselton Op shops and the Senior Citizens for a coffee, where the folk were so friendly that we got held up and really had to fly back in time to grab the left overs for lunch before the mob demolished the lot!!!

One-night Ann’s door slid open and she was shocked to find a handsome dude standing there. “Oh.” He gasped, “I was looking for Margaret.” “Next door!” said Ann trying to hide her disappointment. Well we could all hear voices, but try as we might we couldn’t distinguish what was being said. Next morning all eyes were upon Margaret. “OK Fess up. You had a bloke in your room!”



“The poor fellow has a snorer, loud as a chain saw, in his complex, so I gave him some of my ear plugs.” Well that’s that then!

All to soon it was time to pack up Maureen W’s car for the return journey home, always an adventure, as it’s a case of “Oh my God! We’ve taken the wrong turn. Where the bloody hell are we?”



## Special Notice to all Members

At the coming 2025 AGM the committee will be asking COCOA members to vote on a change of name that identifies the club. Please note that we will be retaining the name of COCOA.

Currently COCOA stands for Come-Out Camping-Older Adults. However the club no longer goes camping as such, and we use chalet style accommodation with fully catered meals in dining rooms.

The word camping is confusing to prospective new members with some people walking away and not interested to wait for an explanation to the name and others saying why have camping in the name? The club also needs to be mindful in today's society that our name reflects that all people are welcome to join our club. Further it appears the Government of the day is now planning to remove any reference to old age being used.

Several members have verbally put forward some suggestions of what the wording of COCOA could be to the committee. Some of the proposed names are; Connecting Older Citizens on Adventures; Come Out Connecting Older Adults or just using the initials of COCOA.

As the committee requests all members to be able to vote on this matter as per the constitution it was passed at the 2024 AGM to allow for postal voting and proxy voting to be added to the constitution. This type of voting is now in place and can be found on the club website as required.

The committee is now inviting members to place in writing any suggestion they may have on the wording of COCOA. Please note that you will also need to add two financial members' names with your notice that will be used as a mover and seconder to the motion for a change of name, this can be yourself as the mover and any other member including your spouse as seconder. As we are keeping the name of COCOA your nomination must be worded on these initials.

Once the committee has received all correspondence of the name change by the due date a notice will be sent out prior to the 2025 AGM requesting all members to vote on the issue.

Please submit your correspondence to the club Secretary by the 1<sup>st</sup> of November 2024.

Secretary,

Barry Howell, 8 Tredegar Street, Butler, WA, 6036 or email, [barry.howell1@gmail.com](mailto:barry.howell1@gmail.com)

If you have a friend in COCOA who is unwell or needs a little cheer, we have a Welfare Officer, who would love to hear from you.  
Call Olive 0404 913 007

### **THE COCOA CLUB COMMITTEE**

|                                           |                                                 |                                               |                                           |                                                  |
|-------------------------------------------|-------------------------------------------------|-----------------------------------------------|-------------------------------------------|--------------------------------------------------|
| President<br>Chris Gaggin<br>0422 270 140 | Vice President<br>Carol Scoble<br>0478 626 308  | Secretary<br>Barry Howell<br>0467 452 904     | Treasurer<br>Trish Leslie<br>0432 687 432 | Camp Coordinator<br>Jewel Wilcox<br>0404 299 675 |
| Registrar<br>Judy Hampson<br>0450 735 415 | Social Activities<br>Rosie Hope<br>0416 015 697 | Welfare Officer<br>Olive Ward<br>0404 913 007 | Webmaster<br>Geoff Graham<br>0422 882 656 | Bugle Editor<br>Glenys Arnold<br>0469 687 409    |

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Check our website for the latest information on coming events:

<http://cocoawa.com/events>

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## Protocol for visiting COCOA holiday stays as a member or visitor

As most of our holiday stays have guidelines regarding providing extra meals that have not been included or paid for, the following must be followed:

1. Phone or text the camp leader, 2 IC or President to ask if it is OK to visit.
2. "Just Calling in". Still, seek out the above when you arrive to confirm all is OK.
3. We do not want to be seen by the camp staff as trying to include non-paying guests in the camp meals or accommodation. We must, as a courtesy, inform the staff.
4. Our aim is to be friendly and welcoming towards all our members who may wish to just visit to say hello to fellow members.

## Welcome to New Members

Connie Dunbar, Gail Basham, Jim Budden, Dawn Bartley, Judy Dean, Diane Flint, Sue Harris, Jan Harvey-Barratt, Janet Holt, Mark Jones, Di Kelly, Diana Kiely, Linda McKeown, Irene Nolan, Pan Pougault, Ley Ramsay, Eric & Jacqui Rawlinson, Victoria Staley, Lyn Wilson, Ley Ramsay, June Thorpe, Ken & Lilian Williams, June Thorpe, Lyn Wachmer.

## Coming Events

### Have A Go Day:

When: 13<sup>th</sup> November 2024

Where: Burswood Park

Time; 9.00 AM to 3.00 PM

Free Shuttle Bus from Burswood Railway Station

[Volunteers needed throughout the day to talk to interested people at our stand.](#)

### Picnic at Rockingham Beach Foreshore:

When: November 14<sup>th</sup> 2024

Time: 11.30

Mandurah Line leaves Platform 2 in the Perth Underground Station. Alight at Rockingham and catch the bus to the foreshore. If arriving early could you please grab a table or two. If travelling by car and you have a spare chair or 3 could you please bring them. This may help some people who can't come because of having to carry a chair. If you can bring more than your own, please call me. [Glen;](mailto:Glen@cocoa.org.au) 0469687409 and we can put it in the reminder letter.

### Albany Camp

When: 10<sup>th</sup> to the 15<sup>th</sup> February 2025

### Busselton Camp

When: 5<sup>th</sup> to the 10<sup>th</sup> May 2025

### Serpentine Camp

When: 6<sup>th</sup> to the 11<sup>th</sup> October 2025

### Two outings are being organised for the New Year.

When: March April Where: Pinjarra and Two Rocks



## COCOA Christmas Lunch

Celebrate with your COCOA friends  
at the lovely Grosvenor Hotel for our annual Christmas lunch

**Grosvenor Hotel, 339 Hay St. Perth**  
**Tuesday, 10th December at 12 noon.**

The cost of the lunch is \$50 but your committee has decided to subsidise our celebrations so the actual cost to each financial COCOA member will be just \$35. For this you will be treated to a traditional Christmas plate of sliced Turkey buffet topped with a cranberry stuffing and a layer of smoked ham smothered with gravy and served with roasted potatoes, pumpkin and vegetables. Dessert will be a traditional plum pudding. Drinks will be at your cost.

The Grosvenor Hotel is at 339 Hay St. Perth (opposite the Perth Mint). From the Perth Train Station you can catch the Red Cat Bus which will drop you off at the Hay St Perth Mint stop just down the road from the hotel.

To keep costs low the committee has decided that we will not have presents or a donation.

### You can reserve your place in one of two ways

By going to <http://cocoawa.com/events> and completing the online form

- or -

By entering your details below and posting this sheet to the address below

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_ Are you:  Gluten Intolerant  Diabetic

Number of people: \_\_\_\_\_ Cost is \$35 per financial member or \$50 each for visitors.

Payment (tick one)  Pay by cheque attached to this form and posted to the address below.  
 Bank transfer to BSB 066-160, A/C 11183522 (include your name in the recipient's description section so that we can identify it).

**Post form to COCOA Treasurer, Trish Leslie, 2 Grogan Close, Lockridge, 6054, WA**

Closing Date: 1<sup>st</sup> December

If you have any queries phone Jewel Wilcox on 0404 299 675

## HAPPY BIRTHDAY TO THESE MEMBERS:

**NOVEMBER**

|                  |      |
|------------------|------|
| Pauline Lloyd    | 4th  |
| Judy Hampson     | 6th  |
| Gwenda Ellard    | 9th  |
| Pam Pognault     | 9th  |
| Sue Watson       | 14th |
| Maureen Lyons    | 17th |
| Daphne Field     | 22nd |
| Barry Howell     | 22nd |
| Peter James      | 25th |
| Lillian Williams | 27th |
| Pam French       | 30th |

**DECEMBER**

|                   |      |
|-------------------|------|
| Kristine Brimmell | 6th  |
| Robyn Devenish    | 8th  |
| John McLaughlin   | 8th  |
| Yvonne Oswald     | 9th  |
| Jenny Timmers     | 9th  |
| Ken Williams      | 10th |
| Carol Scoble      | 12th |
| Brian Cassell     | 16th |
| Iris James        | 28th |
| Cam Lorimer       | 31st |

**JANUARY**

|                    |      |
|--------------------|------|
| Anne Buchanan      | 1st  |
| Janet Holt         | 1st  |
| Nolan Earnshaw     | 10th |
| Val Taylor         | 12th |
| Judy Varischetti   | 16th |
| Jan Harvey-Barratt | 24th |
| Daryl Gillet       | 26th |

|           |                           |
|-----------|---------------------------|
| President | Chris Gaggin              |
| Secretary | Barry Howell              |
| Treasurer | Trish Leslie              |
| Registrar | Judy Hampson 0450 735 415 |

If you are over 55 and would like to join, or have any questions regarding our COCOA Club, please call our Registrar.  
Judy Hampson Phone 0450735415.

ISSUE No 218

SURFACE MAIL

**THE BUGLE**

Return Address  
3 Philp Close  
Huntingdale 6110

POSTAGE